



Celebrate 12th

INTERNATIONAL DAY OF YOGA 2026

Yoga for Harmony & Peace



LIST OF 2026 IDY EVENTS



DATE	TIME	ORGANIZATION	ADDRESS & INFORMATION
May 27	7:30 am - 9:00 am	Consulate General of India, Houston at City Hall, Houston	Houston City Hall 901 Bagby St, Houston, TX 77002
June 1, 2, 3 & 5	Various timings	SVYASA- Cyclic Meditation & Pranayama, Holistic Yoga Practice for All, Yoga Nidra & Chair Yoga for Seniors	Visit vyasahouston.org for timing & details Online on Zoom: https://tinyurl.com/4r8bd7en
June 7	9:00 am - 10:00 am	SVYASA & Shri Krishna Vrundavana Temple	10251 Synott Rd, Sugar Land, TX 77498
June 11	4:45 pm	Consulate General of India, Houston in Partnership with Indian Doctors Association	Consulate General of India, Houston 4300 Scotland St, Houston, TX 77007
June 13	10:30 am - 11:30 am	Swasth Yoga & Gujarati Samaj of Houston	GSH Event Center 9550 W. Bellfort Ave, Houston, TX 77031
June 15	6:30 pm - 8:00 pm	Union is Creation - Spanish Yoga	Discovery Green 1500 McKinney St, Houston, TX 77010
June 16	11:00 am - 12:00 pm	India House	India House 8888 W. Bellfort Ave, Houston, TX 77031
June 19	11:00 am - 12:30 Pm	India House & Swasth Yoga	India House 8888 W. Bellfort Ave, Houston, TX 77031
June 20	7:30 am - 9:30 am	Hindu Temple of The Woodlands	7601 S. Forestgate Dr, Spring, TX 77382
June 20	7:30 am - 9:30 am	Hindu Yuva & HSS	Brazos River Park 18427 Southwest Fwy, Sugar Land, TX 77479
June 20	8:00 am - 10:00 am	Patanjali Yog Peeth	Arya Samaj 14375 Schiller Rd, Houston, TX 77082
June 20	9:30 am - 11:30 am	Baytown Indian Community	Baytown Community Center 2407 Market St, Baytown, TX 77520
June 20	10:00 am - 11:00 am	Swasth Yoga & Gayatri Temple	Gayatri Temple 20914 Parl Row Blvd, Katy, TX 77449
June 20	2:00 pm - 3:30 pm	Eternal Gandhi Museum Houston	12379 Riceville School Rd, Houston, TX 77031
June 20	6:00 pm - 8:00 pm	Consulate General of India, Houston	Midtown Park 2811 Travis St, Houston, TX 77006
June 20	7:00 pm - 9:00 pm	iDoYoga San Antonio & All Indian Orgs in SA	Civic Park at Hemisfair 210 S. Alamo St, San Antonio, TX 78205
June 21	7:00 am - 9:00 am	Sewa Int'l & HSS - Yoga Session & 5k Walk	George Bush Park 20150 Westheimer Pkwy, Houston, TX 77082
June 21	8:00 am - 10:00 am	Patanjali Yog Peeth	Arya Samaj of Houston 14375 Schiller Rd, Houston, TX 77082
June 21	9:30 am - 10:15 am	City of Fulshear & Yoga Community of Fulshear & Katy - Chair Yoga	Irene Stern Community Center 6920 Fulshear Katy Rd, Fulshear, TX 77441
June 21	10:30 am - 11:15 am	City of Fulshear & Yoga Community of Fulshear & Katy - Yoga for All	Irene Stern Community Center 6920 Fulshear Katy Rd, Fulshear, TX 77441
June 21	10:00 am - 12:00 pm	ISKCON of Houston	Bhakti Urban Farm 5415 Wheatley St, Houston, TX 77091
June 21	6:00 pm - 8:00 pm	Consulate General of India, Houston at Texas State Capitol	Texas State Capitol Building 1100 Congress Ave, Austin, TX 78701
June 21	6:00 pm - 9:00 pm	Union is Creation	Discovery Green 1500 McKinney St, Houston, TX 77010
June 26	6:00 pm - 8:00 pm	FBC Pct 3 Comm. Andy Meyers	Fort Bend Precinct 3 151 Stadium Drive, Sugarland, TX 77498
June 27	10:00 am - 12:00 pm	United Leuva Samaj Houston	ULH Community Center 331 United Leuva Cir, Houston, TX 77060
June 27	6:00 pm - 8:30 pm	VHP-A & IACAN	Independence Park 3449 Pearland Pkwy, Pearland, TX 77581

For More Information: Sharad Amin 713-854-0633 | Bharat Patel 713-459-4326

This Calendar of 2026 IDY Events has been sponsored by
HINDUS OF GREATER HOUSTON

[HTTPS://YOGADAYOFTEXAS.ORG](https://yogadayoftexas.org)

